



UNIVERSITY OF WASHINGTON

# CREATING AND CHANGING UNDERGRADUATE ACADEMIC PROGRAMS

APR 17 2013

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Control #

TPsych-20130221

After college/school/campus review, send a signed original and 1 copy to the Curriculum Office/FCAS, Box 355850.

For information about when and how to use this form: <http://depts.washington.edu/uwcr/1503instructions.pdf>

College/Campus UW Tacoma

Department/Unit Interdisciplinary Arts &amp; Sciences

Date 2/21/13

## New Programs

- ☐ Leading to a Bachelor of \_\_\_\_\_ in \_\_\_\_\_ degree.
- ☐ Leading to a Bachelor of \_\_\_\_\_ degree with a major in \_\_\_\_\_.
- ☐ Leading to a \_\_\_\_\_ Option within the existing major in \_\_\_\_\_.
- ☐ Leading to a minor in \_\_\_\_\_.

## Changes to Existing Programs

- ☐ New Admission Requirements for the Major in \_\_\_\_\_ within the Bachelor of \_\_\_\_\_.
- ☒ Revised Admission Requirements for the Major in Psych within the Bachelor of Arts.
- ☒ Revised Program Requirements for the Major in Psychology within the Bachelor of Arts.
- ☐ Revised Requirements for the Option in \_\_\_\_\_ within the major in \_\_\_\_\_.
- ☐ Revised Requirements for the Minor in \_\_\_\_\_.

## Other Changes

- ☐ Change name of program from \_\_\_\_\_ to \_\_\_\_\_.
- ☐ Change delivery method or location of program.
- ☐ New or Revised Continuation Policy for \_\_\_\_\_.
- ☐ New Honors Requirements for \_\_\_\_\_.
- ☐ Eliminate program in \_\_\_\_\_.

Proposed Effective Date: Quarter: ☒ Autumn ☐ Winter ☐ Spring ☐ Summer Year: 20 13

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## EXPLANATION OF AND RATIONALE FOR PROPOSED CHANGE

For new program, please include any relevant supporting documentation such as student learning outcomes, projected enrollments, letters of support and departmental handouts. (Use additional pages if necessary).

We are proposing to modify our curriculum requirements to reflect added faculty expertise and to reduce course bottlenecks that have been problematic for psychology majors in recent years. These changes will both enhance our overall program and make it easier for students to move through it in a timely way. In addition, these changes will bring our recently developed Psychology major more in line with the recommendations for undergraduate psychology majors put forth by the American Psychological Association. Specifically, these changes address goals 1, 2 and 10 of the APA guidelines for Undergraduate Psychology Majors (APA, 2006; see appendix 1) and are consistent with the principles proposed in the APA Principles for Quality Undergraduate Education in Psychology (APA, 2011; see appendix 2).

### 1. CHANGE MAJOR PREREQUISITES

#### Current Requirements

5 credits introductory statistics

5 credits general or introduction to psychology

10 credits of psychology foundation courses in any of the following areas:

- Developmental psychology (Lifespan or child development)
- Abnormal psychology
- Social psychology
- Human cognition

Proposed Change

- 5 credits introductory statistics (TMATH 110 or equivalent)
- 5 credits general or introduction to psychology (TPSYCH 100 or equivalent)
- 10 credits of psychology foundation courses in any of the following areas:
  - Developmental psychology (Lifespan or child development; TPSYCH 220 or equivalent)
  - Abnormal psychology (TPSYCH 210 or equivalent)
  - Social psychology (TPSYCH 240 or equivalent)
  - Human cognition (TPSYCH 250 or equivalent)
  - Biopsychology (TPSYCH 260 or equivalent)
- 5 credits introductory research methods (TPSYCH 209 or equivalent)

Rationale: This change adds Biopsychology to the list of foundation courses that will meet the major prerequisites. This change also requires students to have completed TPSYCH 209 prior to declaring as a psychology major. This is consistent with practice at UW-Seattle and Quality Principle 3.1 (APA, 2011) "students should have a foundational understanding of basic research design and statistics early in their careers." TPSYCH 209 has been designed to be equivalent with PSYC 209 courses offered at WA community colleges and the UW-Seattle campus. As such, students transferring in with degrees from local community colleges will have the opportunity to complete these major prerequisite requirements at that institution.

## 2. CHANGE STRUCTURE OF 300-LEVEL COURSES:

### Current Requirements

15 credits among the following core groups:

- Clinical Core
- Developmental Core
- General Psychology Core

At least 5 credits each must be completed in the Clinical and Developmental Cores.

### Proposed Change

15 credits among the following core groups:

- Clinical Core
- Developmental Core
- Cognitive/Experimental Core
- Social/Applied Core
- General Psychology Core

At least 5 credits each must be completed in two different core areas.

Rationale: This change is consistent with Goal 1, Learning Outcome 1.2 (APA, 2006), "demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychology." We have added two important areas of psychology: Cognitive/experimental and social/applied. By giving students these additional options, we provide more ways for students to move through the program while simultaneously broadening our educational offerings.

## 3. CHANGE REQUIREMENTS FOR 400-LEVEL COURSES

### Current Requirements

15 credits among 400-level courses that emphasize connections across disciplines and the application of psychology to social problems

### Proposed Change

10 credits among 400-level psychology courses that emphasize connections across disciplines and the application of psychology to social problems

5 additional credits from any 300-level or 400-level TPSYCH course OR 400-level research or internship (i.e., TIAS 496/497/499).

Rationale: This change is related to Goal 1, Learning outcome 1.2 (above, APA, 2006) by allowing students to gain additional breadth in a particular area of psychology. It is also consistent with Goal 10, Learning Outcome 10.4 (APA, 2006), "Identify and develop skills and experiences relevant to achieving selected career goals." Students will be able to specialize in a particular area of psychology relevant to their career goals, including pursuing internship options that may help them in pursuing post-graduate careers or graduate education.

#### 4. CHANGE IN RESEARCH METHODS REQUIREMENTS

##### Current Requirements

5 credits Research Methods

##### Proposed Change

10 credits in two sequenced Research Methods courses which culminate in students designing and carrying out a research project

Rationale: We have found that one methods course is insufficient to prepare student understanding of research design and statistics for the advanced courses. This change is relevant to Goal 2 (APA, 2006), "understand and apply basic research methods in psychology, including research design, data analysis, and interpretation." In addition, this change will encourage students to take a research methods course earlier in their academic career, thereby providing them earlier exposure to the principles of psychological science which can then serve to further their understanding of psychological phenomena discussed in subsequent courses. This is consistent with Quality Principle 3.1 (APA, 2011) "students should have a foundational understanding of basic research design and statistics early in their careers." In addition, this 2-course structure would allow us to align our first research design course with what is offered at the 200-level at UW-Seattle and at Washington-state community colleges (i.e., PSYC 209) and then provide students with more advanced research design education needed for a psychology major in the 300-level course.

#### 5. CHANGE IN DISTRIBUTION COURSES

##### Current Requirements

5 Credits upper division VLP courses

5 Credits upper division I&S courses (not to include psychology courses)

10 Credits upper division NW courses

5 Credits ES courses

##### Proposed Change

5 credits each in upper division courses distributed among VLP, I&S (not to include psychology courses), and NW courses

5 credits ES courses

Rationale: Because of the addition of the research methods course, we have lowered the distribution requirement among other areas of study to ensure that students will be able to graduate in a timely manner.

#### OTHER DEPARTMENTS AFFECTED

List all departments/units/ or co-accredited programs affected by your new program or changes to your existing program and acquire the signature of the chair/director of each department/unit listed. Attach additional page(s) if necessary. \*See online instructions.

Department/Unit:

Chair/Program Director:

Date:

Department/Unit:	Chair/Program Director	Date:
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**CATALOG COPY**

Catalog Copy as currently written. Include only sections/paragraphs that would be changed if your request is approved. Please cross out or otherwise highlight any deletions.



## Prerequisites

- The following lower-division prerequisites (100- or 200-level) are necessary before declaring the Psychology major. A minimum grade of 2.0 is required for each prerequisite course.
- One introductory statistics course
- One general or introduction to psychology course
- Two psychology foundation courses in any of the following areas:
  - Developmental psychology (Lifespan or child development)
  - Abnormal psychology
  - Social psychology
  - Human cognition

## Graduation requirements

- Requires ~~60~~ credits total, excluding prerequisites. Reminder: 45 upper-division credits and 45 credits of IAS courses are required for graduation from IAS.

## 5 credits Research Methods

- TPSYCH 330 Inquiry and Research in the Social Sciences

## 15 credits Core Courses with at least one each from Clinical Core and Developmental Core

### Clinical Core Courses

- TPSYCH 310 Controversies in Clinical Psychology
- TPSYCH 311 Personality Theories
- ~~TPSYCH 340 Mental Illness Across Cultures~~

### Developmental Core Courses

- TPSYCH 320 Race/Class/Gender Contexts of Child Development
- TPSYCH 321 Adolescent Psychology
- TPSYCH 322 Adult Development

### General Psychology Core Courses

- TPSYCH 300 History and Systems of Psychology
- TPSYCH 301 Psychology of Adjustment
- ~~TPSYCH 350 Human Memory~~
- (If TMATH 314 Analytical Thinking was taken as TQS 314 [not 214], it may count here.)

## ~~45~~ credits of Advanced Topics Courses

- TPSYCH 400 Psychology of Women
- TPSYCH 401 Family Violence
- TPSYCH 403 Psychology of Black Women
- TPSYCH 404 Psychology of Food and Culture
- TPSYCH 405 Body Image and the Psychology of Appearance
- TPSYCH 406 Chemical Dependency
- TPSYCH 407 Cultural Context of Child Development
- TPSYCH 409 Group Counseling and Dynamics
- TPSYCH 410 Existential Psychology
- TPSYCH 411 Psychology and the Arts
- TPSYCH 412 Women and Health: Power and Inequality
- TPSYCH 414 Psychology of Contemporary African American Culture
- TPSYCH 415 Issues in Social Psychology: Hip Hop Culture

- TPSYCH 416 Freud and His Critics
- TPSYCH 420 Attachment and Interpersonal Relations
- TPSYCH 422 Psychology and the Legal System
- TPSYCH 431 Sexual Deviance
- TPSYCH 432 Sex Crimes and Sexual Violence
- ~~TPSYCH 462 Human Memory~~
- ~~TPSYCH 466 Psychology of Judgment and Decision Making~~
- TPSYCH 471 Applied Issues in Cognition
- Courses under development:
  - Current Issues in Psychology
  - Applied Statistics for Psychology

~~20~~ credits from upper-division courses (other than psychology):

- 5 credits – Visual, Literary and Performing Arts – VLPA (V)
- 5 credits – Individuals and Society – I&S (I)– (TPSYCH not allowed)
- ~~10~~ additional credits from VLPA/I&S/ NW (no restrictions on NW for these 10)

5 credits Natural World – Environmental Science (upper- or lower-division TESC prefix or Environmental Science transfer; see adviser)

Psychology students can take a maximum of eight upper-division (40 credits) TPSYCH courses in their core and electives.

#### PROPOSED CATALOG COPY

Reflecting requested changes (Include exact wording as you wish it to be shown in the printed catalog. Please underline or otherwise highlight any additions. If needed, attach a separate, expanded version of the changes that might appear in department publications).  
**Please note:** all copy will be edited to reflect uniform style in the General Catalog.

#### Prerequisites

- The following lower-division prerequisites (100- or 200-level) are necessary before declaring the Psychology major. A minimum grade of 2.0 is required for each prerequisite course.
- One introductory statistics course (TMATH 110 or equivalent)
- One general or introduction to psychology course (TPSYCH 100 or equivalent)
- Two psychology foundation courses in any of the following areas:
  - Developmental psychology (Lifespan or child development; TPSYCH 220 or equivalent)
  - Abnormal psychology (TPSYCH 210 or equivalent)
  - Social psychology (TPSYCH 240 or equivalent)
  - Human cognition (TPSYCH 250 or equivalent)
  - Biopsychology (TPSYCH 260 or equivalent)
- One introductory methods course
  - TPSYCH 209 Fundamentals of Psychological Research I (or equivalent)

#### Graduation requirements

- Requires 55 credits total, excluding prerequisites. Reminder: 45 upper-division credits and 45 credits of IAS courses are required for graduation from IAS.

#### 5 credits Research Methods

- TPSYCH 309 Fundamentals of Psychological Research II

#### 15 credits Core Courses in at least two different areas

##### Clinical Core Courses

- TPSYCH 310 Controversies in Clinical Psychology
- TPSYCH 311 Personality Theories

- TPSYCH 312 Mental Illness Across Cultures

#### Developmental Core Courses

- TPSYCH 320 Race/Class/Gender Contexts of Child Development
- TPSYCH 321 Adolescent Psychology
- TPSYCH 322 Adult Development

#### Cognitive/Experimental Core Courses

- TPSYCH 350 Human Memory
- TPSYCH 352 Judgment & Decision-Making

#### Social/Applied Core Courses

- TPSYCH 360 Health Psychology

#### General Psychology Core Courses

- TPSYCH 300 History and Systems of Psychology
- TPSYCH 301 Psychology of Adjustment
- (If TMATH 314 Analytical Thinking was taken as TQS 314 [not 214], it may count here.)

#### 10 credits of Advanced Topics Courses

- TPSYCH 400 Psychology of Women
- TPSYCH 401 Family Violence
- TPSYCH 403 Psychology of Black Women
- TPSYCH 404 Psychology of Food and Culture
- TPSYCH 405 Body Image and the Psychology of Appearance
- TPSYCH 406 Chemical Dependency
- TPSYCH 407 Cultural Context of Child Development
- TPSYCH 409 Group Counseling and Dynamics
- TPSYCH 410 Existential Psychology
- TPSYCH 411 Psychology and the Arts
- TPSYCH 412 Women and Health: Power and Inequality
- TPSYCH 414 Psychology of Contemporary African American Culture
- TPSYCH 415 Issues in Social Psychology: Hip Hop Culture
- TPSYCH 416 Freud and His Critics
- TPSYCH 420 Attachment and Interpersonal Relations
- TPSYCH 421 Social Psychology, Law, & Policy
- TPSYCH 422 Psychology and the Legal System
- TPSYCH 431 Sexual Deviance
- TPSYCH 432 Sex Crimes and Sexual Violence
- ~~TPSYCH 462 Human Memory (replaced by TPSYCH 350)~~
- ~~TPSYCH 466 Psychology of Judgment and Decision Making (to be replaced by TPSYCH 352)~~
- TPSYCH 471 Applied Issues in Cognition


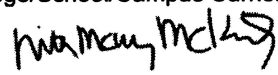

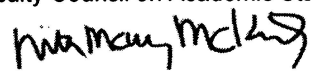
5 additional credits from any 300-level or 400-level TPSYCH course OR 400-level research or internship (i.e., TIAS 496/497/499)

#### 15 credits from upper-division courses (other than psychology):

- 5 credits – Visual, Literary and Performing Arts – VLPA (V)
- 5 credits – Individuals and Society – I&S (I)– (TPSYCH not allowed)
- 5 additional credits from VLPA/I&S/ NW (no restrictions on NW for these 5)

5 credits Natural World – Environmental Science (upper- or lower-division TESC prefix or Environmental Science transfer; see adviser)

Psychology students can take a maximum of ten upper-division (50 credits) TPSYCH courses in their core and electives.

Chair/Program Director: Larry Knopp 	Date: 3/27/13
College/School/Campus Curriculum Committee: 	Date: 4/12/2013
Dean/Vice Chancellor: 	Date: 4/12/2013
Faculty Council on Academic Standards/ General Faculty Organization/Faculty Assembly Chair: 	Date: 4/12/2013
<b>POST TRI-CAMPUS APPROVAL (when needed)</b>	
Faculty Council on Academic Standards/ General Faculty Organization/Faculty Assembly Chair:	Date: